

# NCCO Webinars

## Part 4

Series 1, Webinar 3 - 30 Mar 2020: Remote Lessons and Gesture

*Retrieved on 03/09/2026 12:32:09 from <https://ncco-usa.org/publications/ncco-webinars/issues/23/articles/80/download>*

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### **Ferrell**

What are your thoughts about providing appropriate emotional support for our students and families, and ourselves?

### **Douma**

I enjoyed last Friday's webinar on togetherness. Conductors are problem solvers, and I see many colleagues putting immense pressure on themselves. We need to recognize that this is not what we've been trained to do. There's a lot of momentum for the idea of "universal pass" grading to relieve pressure on faculty and students in this exceptional situation. We need to be human with our students, and celebrate small successes.

### **Daley**

I'm thinking carefully about how I interact with students via email. I've changed all my grades to completion grades to lower the stakes for students, and check in with them if they miss an assignment. I want to be open to new reasons for why an individual might not have turned in an assignment.

### **Lamartine**

We are charged with continuing: to teach, assign work. Our students may be looking to us as their mentors to give guidance, which is a lot of pressure for us. We have to be cognizant of their home lives. Do they have consistent internet? Are they equipped to make a video?

### **Powell**

I have two older students at home (a college freshman and a high school junior), and I take some of my teacher cues from what they say about their teachers. I've tried to avoid overwhelming my students with emails, but our students appreciate receiving quick responses since we're closer to our devices. Be responsive and be there for them.

### **Joseph**

I'm in deep with little ones at home. We must also be kind with ourselves---we tend to be hard on ourselves. Make time to take a walk. Find a way to structure your day so that it doesn't feel endless. Take time each day to do something to keep yourself mentally healthy.